

Thursday, 16. April 2026

PBLD

2: Ambulatory Anaesthesia

Thursday, April 16, 2026, 13:50 - 14:50

PBLD 2

PBLD.02.01 - Managing a Brittle Diabetic in Ambulatory Surgery

♦ **Max No. participants:** 12

♦ **Price:** US\$ 15

PBLD Moderator: Timothy E. Miller (Durham, United States)

PBLD

2: Ambulatory Anaesthesia

Thursday, April 16, 2026, 13:50 - 14:50

PBLD 3

PBLD.02.02 - Patient Took His SGLT2i and Lisinopril this Morning and Now Wants to Have His Ambulatory Surgery, Would You Proceed?

♦ **Max No. participants:** 12

♦ **Price:** US\$ 15

PBLD Moderator: Vera Lim (Singapore, Singapore)

Friday, 17. April 2026

PBLD

2: Ambulatory Anaesthesia

Friday, April 17, 2026, 08:15 - 09:15

PBLD 1

PBLD.02.03 - ECT - Techniques and Challenges

♦ **Max No. participants:** 12

♦ **Price:** US\$ 15

PBLD Moderator: Mohamed Mohamed (Carlisle, United Kingdom)

PBLD

2: Ambulatory Anaesthesia

Friday, April 17, 2026, 08:15 - 09:15

PBLD 2

PBLD.02.04 - Difficult Airway Patient at the ASC

♦ **Max No. participants:** 12

♦ **Price:** US\$ 15

PBLD

2: Ambulatory Anaesthesia

Friday, April 17, 2026, 08:15 - 09:15

PBLD 3

PBLD.02.05 - Perioperative Management of Patients on GLP-1 Receptor Agonists

► Overview:

Glucagon-Like Peptide-1 Receptor Agonists (GLP-1 RA) are increasingly being used for managing type-2 diabetes mellitus and obesity. There is emerging evidence suggesting potential benefits of GLP-1RAs in the management of metabolic liver disease, obstructive sleep apnoea, peripheral vascular disease, depression, addiction, and neurodegenerative disorders (e.g., Parkinson's and Alzheimer's disease). Therefore, the clinical use of these group of drugs is expected to grow exponentially. These medications can delay gastric emptying, and can potentially increase residual gastric volume despite recommended fasting duration, which can significantly increasing aspiration risk during sedation and general anaesthesia. This presents unique challenges for anaesthesia practitioners. This PBLD session will explore practical approaches to address these challenges. Participants will learn to evaluate the risk of delayed gastric emptying and approaches to reduce the aspiration risk. Case-based discussions will provide real-world examples to help translate learning into practice. Participants will gain insight into making informed, evidence-based decisions to improve outcomes and mitigate risks for patients on GLP-1 RAs.

♦ **Max No. participants:** 12

♦ **Price:** US\$ 15

PBLD Moderator: Girish Joshi (Dallas, United States)

PBLD

2: Ambulatory Anaesthesia

Friday, April 17, 2026, 10:15 - 11:15

PBLD 1

PBLD.02.06 - Patients With Multiple Allergies

♦ **Max No. participants:** 12

♦ **Price:** US\$ 15

PBLD Moderator: Soumaya Touzani (Fez, Morocco)

PBLD

2: Ambulatory Anaesthesia

Friday, April 17, 2026, 10:15 - 11:15

PBLD 2

PBLD.02.07 - Obesity And Sleep Apnoea

♦ **Max No. participants:** 12

Scientific programme

19th WCA 2026 - 15-19 April 2026, Marrakech, Morocco

♦ **Price:** US\$ 15

PBLD Moderator: Frances Chung (Toronto, Canada)

PBLD

2: Ambulatory Anaesthesia

Friday, April 17, 2026, 10:15 - 11:15

PBLD 3

PBLD.02.08 - Cocaine and Marijuana User for Ambulatory Surgery

♦ **Max No. participants:** 12

♦ **Price:** US\$ 15

PBLD Moderator: Ezzat Samy Aziz (Cairo, Egypt, Arab Rep.)

Saturday, 18. April 2026

Workshop

2: Ambulatory Anaesthesia

Saturday, April 18, 2026, 08:00 - 10:00

WS.02.01 - Regional Techniques for the ASC

► Workshop Description:

This hands-on workshop will provide participants with practical training in ultrasound-guided regional anaesthesia techniques commonly used in the ambulatory surgical center (ASC) setting. Attendees will rotate through four interactive stations focusing on upper limb, truncal, lower limb, and ophthalmic blocks, with an emphasis on efficient, evidence-based practices that enhance perioperative outcomes and enable same-day discharge.

» This 120-minute hands-on workshop is designed for anesthesiologists seeking to refine their regional anesthesia skills for ambulatory surgery. Participants will be divided into small groups of 6-8 and rotate through four expertly guided skill stations, each lasting 25 minutes. The stations will cover upper extremity, truncal, lower extremity, and ophthalmic regional anesthesia techniques that are relevant to outpatient procedures. The final 20 minutes will be reserved for an interactive Q&A session with all instructors, promoting discussion on practical implementation, troubleshooting, and integration into ERAS pathways.

► Learning Objectives:

By the end of this workshop, participants will be able to:

- ① Identify appropriate regional anaesthesia techniques for common ASC procedures.
- ② Demonstrate ultrasound-guided approaches to upper limb, truncal, lower limb, and ophthalmic blocks.
- ③ Understand patient selection, block duration, and safety considerations specific to the ambulatory setting.
- ④ Integrate regional anaesthesia techniques into enhanced recovery protocols for outpatient surgery.

♦ **Max No. participants:** 24

♦ **Price:** US\$ 100 | **Reduced Fee:** US\$ 47

Workshop Lead: Nadia Hernandez (Houston, United States)

Workshop Instructor: Mohamed Mohamed (Carlisle, United Kingdom)

Workshop Instructor: Wan Yi Wong (Singapore, Singapore)

Workshop Instructor: Ezzat Samy Aziz (Cairo, Egypt, Arab Rep.)

Upper Extremity Blocks - Phrenic-Sparing Techniques

08:00 - 08:25

- Superior trunk block & Superficial cervical plexus block
- Supraclavicular brachial plexus block
- Infraclavicular brachial plexus block
- Axillary brachial plexus block
- Anterior and posterior Suprascapular nerve block
- Axillary nerve block
- Coracobrachialis-subscapular plane block

Workshop Instructor: Nadia Hernandez (Houston, United States)

Truncal blocks

08:25 - 08:50

- Interpectoral plane (IPP) block
- Pectoserratus & Serratus Plane block
- Parasternal intercostal block
- Erector spinae plane (ESP) block
- Paravertebral block
- Quadratus lumborum (QL) block
- Transversus abdominis plane (TAP) block

Workshop Instructor: Mohamed Mohamed (Carlisle, United Kingdom)

Lower Extremity Blocks

08:50 - 09:15

- Pericapsular nerve group (PENG) block
- Iliopsoas plane block
- Quadratus lumborum (QL) block
- Lateral femoral cutaneous nerve (LFCN) block
- Popliteal plexus block
- IPACK (Infiltration between the Popliteal Artery and Capsule of the Knee)
- Anterior femoral cutaneous nerve (AFCN) block

- **Genicular blocks**
 - **Adductor canal / Femoral triangle block**
- Workshop Instructor: Wan Yi Wong (Singapore, Singapore)

- Ophthalmic Blocks**
- **Sub-Tenon's block**
 - **Peribulbar block**
 - **Retrobulbar block**
 - **Medial canthus block**
- Workshop Instructor: Ezzat Samy Aziz (Cairo, Egypt, Arab Rep.)

09:15 - 09:40

PBLD

2: Ambulatory Anaesthesia
Saturday, April 18, 2026, 08:30 - 09:30

PBLD 3

PBLD.02.09 - Malignant Hyperthermia at the ASC

- ◆ **Max No. participants:** 12
- ◆ **Price:** US\$ 15

PBLD Moderator: Basem Abdelmalak (Cleveland, United States)

Workshop

2: Ambulatory Anaesthesia
Saturday, April 18, 2026, 10:30 - 12:00

WS.02.02 - Pocus

- ◆ **Max No. participants:** 24
- ◆ **Price:** US\$ 90 | **Reduced Fee:** US\$ 42

Workshop Lead: Bernhard Riedel (Melbourne, Australia)
Workshop Instructor: Mohamed Mohamed (Carlisle, United Kingdom)

Airway and lung ultrasound

10:30 - 10:30

Gastric ultrasound

10:30 - 10:30

Workshop Instructor: Mohamed Mohamed (Carlisle, United Kingdom)

Bladder ultrasound

10:30 - 10:30

Haemodynamic and fluid status

10:30 - 10:30

Workshop Instructor: Bernhard Riedel (Melbourne, Australia)

PBLD

2: Ambulatory Anaesthesia
Saturday, April 18, 2026, 10:30 - 11:30

PBLD 3

PBLD.02.10 - Chronic Pain Patient Coming for Ambulatory Surgery

- ◆ **Max No. participants:** 12
- ◆ **Price:** US\$ 15

PBLD Moderator: Alejandro Recart (Santiago, Chile)

Lecture Session

2: Ambulatory Anaesthesia
Saturday, April 18, 2026, 13:30 - 14:30

O.02.01 - Evolution Of Ambulatory Anaesthesia

Chair: Girish Joshi (Dallas, United States)

O.02.01.1 Introduction

13:30 - 13:32

Scientific programme

19th WCA 2026 - 15-19 April 2026, Marrakech, Morocco

O.02.01.2	How to set up an ASC in LMIC? Speaker: Sonia Lalla (Nairobi, Kenya)	13:32 - 13:47
O.02.01.3	The role of AI in ambulatory anaesthesia Speaker: Alejandro Recart (Santiago, Chile)	13:47 - 14:02
O.02.01.4	Future direction in ambulatory anaesthesia Speaker: Girish Joshi (Dallas, United States)	14:02 - 14:17
O.02.01.5	Question and Answer - Panel	14:17 - 14:30

Lecture Session

2: Ambulatory Anaesthesia

Saturday, April 18, 2026, 14:35 - 15:35

O.02.02 - Controversies in Ambulatory Anaesthesia

Chair: Alejandro Recart (Santiago, Chile)

O.02.02.1	Introduction	14:35 - 14:37
O.02.02.2	Do we need preop evaluations in ambulatory patients? Speaker: Bobbiejean Sweitzer (Falls Church, Charlottesville, United States)	14:37 - 14:52
O.02.02.3	GA vs MAC Speaker: Karine Nouette Gaulain (Bordeaux, France)	14:52 - 15:07
O.02.02.4	Outpatient total joint replacement Speaker: Alejandro Recart (Santiago, Chile)	15:07 - 15:22
O.02.02.5	Question and Answer - Panel	15:22 - 15:35

Lecture Session

2: Ambulatory Anaesthesia

Saturday, April 18, 2026, 16:05 - 17:05

O.02.03 - Nora

Chair: Basem Abdelmalak (Cleveland, United States)

Introduction	16:05 - 16:07
Safety and quality in NORA Operations Speaker: Soumaya Touzani (Fez, Morocco)	16:07 - 16:22
New ASA Statement on NORA Services	16:22 - 16:37
Bronchoscopy and interventional radiology Speaker: Basem Abdelmalak (Cleveland, United States)	16:37 - 16:52
Question and Answer - Panel	16:52 - 17:05

Sunday, 19. April 2026

Lecture Session

2: Ambulatory Anaesthesia

Sunday, April 19, 2026, 08:30 - 10:00

O.02.04 - State of the Art Care in Ambulatory Anaesthesia

Chair: Tong Joo Gan (Houston, United States)

O.02.04.1	Introduction	08:30 - 08:32
O.02.04.2	Pain management Speaker: Anoushka Afonso (New York, United States)	08:32 - 08:49
O.02.04.3	PONV management Speaker: Tong Joo Gan (Houston, United States)	08:49 - 09:06
O.02.04.4	Opioid free anaesthesia. What is the evidence? Speaker: Karine Nouette Gaulain (Bordeaux, France)	09:06 - 09:23
O.02.04.5	Is there a need for processed EEG monitoring? Speaker: Vera Lim (Singapore, Singapore)	09:23 - 09:40
O.02.04.6	Question and Answer - Panel	09:40 - 10:00

Lecture Session

2: Ambulatory Anaesthesia

Sunday, April 19, 2026, 10:20 - 11:50

O.02.05 - Patient Selection In Ambulatory Anaesthesia

Chair: Frances Chung (Toronto, Canada)

O.02.05.1	Introduction	10:20 - 10:22
O.02.05.2	BMI, OSA , Hyperglycaemia Speaker: Frances Chung (Toronto, Canada)	10:22 - 10:39
O.02.05.3	Advanced age and frailty Speaker: Ezzat Samy Aziz (Cairo, Egypt, Arab Rep.)	10:39 - 10:56
O.02.05.4	ICDs, pacemaker battery life and more Speaker: Bobbiejean Sweitzer (Falls Church, Charlottesville, United States)	10:56 - 11:13
O.02.05.5	Pre-existing Cardiorespiratory disease Speaker: Timothy E. Miller (Durham, United States)	11:13 - 11:30
O.02.05.6	Question and Answer - Panel	11:30 - 11:50