

Thursday, 16. April 2026

Lecture Session

12: Pain Medicine

Thursday, April 16, 2026, 09:45 - 10:45

O.12.01 - Chronic Persistent Postoperative Pain

► Session Description:

» Update the strategies to prevent and treat Chronic Persistent POP, making it visible

Chair: Francisca Elgueta (Santiago, Chile)

O.12.01.1	Introduction	09:45 - 09:47
O.12.01.2	Which is the best evidence today to prevent and identify risk factors for CPPP? Speaker: Amany Ayad (Cairo, Egypt, Arab Rep.)	09:47 - 10:02
O.12.01.3	Persistent use of postoperative opioids can contribute to CPPP Speaker: Winfried Meissner (Jena, Germany)	10:02 - 10:17
O.12.01.4	Is the transitional pain service one solution? Speaker: Ana Lilia Garduño-Lopez (Mexico, Mexico)	10:17 - 10:32
O.12.01.5	Question and Answer - Panel	10:32 - 10:45

Lecture Session

12: Pain Medicine

Thursday, April 16, 2026, 10:50 - 12:20

O.12.02 - Optimizing Perioperative Pain Management: Strategies And Solutions

► Session Description:

» New approaches to postoperative pain

» Giving tools to improve postoperative management beyond classical approaches

Chair: Carlos Pino (San Diego, United States)

O.12.02.1	Introduction	10:50 - 10:52
O.12.02.2	How 4 simple interventions may improve the quality of perioperative pain management Speaker: Winfried Meissner (Jena, Germany)	10:52 - 11:17
O.12.02.3	More than medication: integrative strategies in acute pain management Speaker: Sean Chetty (Cape Town, South Africa)	11:17 - 11:42
O.12.02.4	Innovative approach in POP management Speaker: Ana Schwartzmann (Montevideo, Uruguay)	11:42 - 12:07
O.12.02.5	Question and Answer - Panel	12:07 - 12:20

Lecture Session

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Thursday, April 16, 2026, 17:30 - 18:30

O.12.03 - Chronic Pain Patients: Anaesthesia Challenges

► Session Description:

» How to manage in the perioperative period differing settings of patients with chronic pain.

Chair: Amany Ayad (Cairo, Egypt, Arab Rep.)

Introduction	17:30 - 17:32
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O.12.03.2	What to do if the patient has an intrathecal pump and a spinal stimulator? Speaker: Carlos Tornero (Valencia, Spain)	17:32 - 17:47
O.12.03.3	What to do if the patient takes cannabinoids? Speaker: Gauhar Afshan (Karachi, Pakistan)	17:47 - 18:02
O.12.03.4	What to do if the patient has opioid patches? Speaker: Zakaria Belkhadir (Rabat, Morocco)	18:02 - 18:17
O.12.03.5	Question and Answer - Panel	18:17 - 18:30

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Lecture Session

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Friday, April 17, 2026, 08:15 - 09:45

O.12.04 - Comprehensive Pain Management In Cancer Care: Best Practices And Innovations

Global view of pain in cancer

Discussion of some controversial aspects in cancer pain treatment

Highlight the place of intervention

Chair: Carlos Tornero (Valencia, Spain)

O.12.04.1	Introduction	08:15 - 08:17
O.12.04.2	Accessing analgesic medications: is there a problem? Speaker: João Batista Garcia (São Luis, Brazil)	08:17 - 08:42
O.12.04.3	Cancer recurrence linked to opioid use: fact or fiction? Speaker: Francisca Elgueta (Santiago, Chile)	08:42 - 09:07
O.12.04.4	Invasive procedures in cancer: neurolysis vs. radiofrequency Speaker: Amany Ayad (Cairo, Egypt, Arab Rep.)	09:07 - 09:32
O.12.04.5	Question and Answer - Panel	09:32 - 09:45

Lecture Session

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Friday, April 17, 2026, 10:15 - 11:15

O.12.05 - Decolonising Pain Management: A Global Perspective

Show how different cultures in different continents approach or manage suffering and pain

Chair: Gauhar Afshan (Karachi, Pakistan)

O.12.05.1	Introduction	10:15 - 10:17
O.12.05.2	North America Speaker: Jason McVicar (Ottawa, Canada)	10:17 - 10:32
O.12.05.3	Africa Speaker: Sean Chetty (Cape Town, South Africa)	10:32 - 10:47
O.12.05.4	Asia Speaker: Mary Cardosa (Kuala Lumpur, Malaysia)	10:47 - 11:02
O.12.05.5	Question and Answer - Panel	11:02 - 11:15

Workshop

12: Pain Medicine

Friday, April 17, 2026, 13:50 - 16:50

WS.12.01 - US In Chronic Pain I

► Workshop Description:

Introduction to the most common ultrasound-guided blocks in Chronic Pain

» This workshop provides a basic introduction to the most commonly used blocks for treating chronic pain syndromes, serving as a valuable tool in the multimodal management of this condition. These blocks can be diagnostic, therapeutic, or prognostic, paving the way for more complex techniques.

► Learning Objectives:

By the end of the workshop, participants will be able to:

Scientific programme

19th WCA 2026 - 15-19 April 2026, Marrakech, Morocco

Identify the relevant structures for each proposed approach
Understand the techniques for these blocks
Know the considerations to perform them safely and effectively.

♦ **Max No. participants:** 32

♦ **Price:** US\$ 150 | **Reduced Fee:** US\$ 70

Workshop Lead: Ana Schwartzmann (Montevideo, Uruguay)

WS.12.01.1	Stellate ganglion block Workshop Instructor: Carlos Tornero (Valencia, Spain)	13:50 - 14:05
WS.12.01.2	Genicular nerve blocks Workshop Instructor: Philip Peng (Toronto, Canada)	14:05 - 14:20
WS.12.01.3	Greater occipital nerve block Workshop Instructor: Francisca Elgueta (Santiago, Chile)	14:20 - 14:35
WS.12.01.4	Suprascapular and axillary nerve block Workshop Instructor: João Batista Garcia (São Luis, Brazil)	14:35 - 14:50

Saturday, 18. April 2026

Lecture Session

12: Pain Medicine

Saturday, April 18, 2026, 08:30 - 10:00

O.12.06 - Undertreatment And Disparities In Management Of Pain

Show how different conditions affect pain

How age, gender and race influence pain relief

Chair: Zakaria Belkhadir (Rabat, Morocco)

O.12.06.1	Introduction	08:30 - 08:32
O.12.06.2	How racial prejudices influence pain care Speaker: Mary Cardosa (Kuala Lumpur, Malaysia)	08:32 - 08:57
O.12.06.3	Gender and pain: biological, psychological, and social factors Speaker: Gauhar Afshan (Karachi, Pakistan)	08:57 - 09:22
O.12.06.4	Pain management in the elderly: addressing unique vulnerabilities Speaker: Carlos Pino (San Diego, United States)	09:22 - 09:47
O.12.06.5	Question and Answer - Panel	09:47 - 10:00

PBLD

12: Pain Medicine

Saturday, April 18, 2026, 10:30 - 11:30

PBLD 1

PBLD.12.01 - Managing Post-Surgical Pain In Special Population (Elderly/Children) Patients

► PBLD Description:

Postoperative pain management in special populations such as paediatric and geriatric patients poses unique challenges due to age-specific anatomical, physiological, and psychological differences. Inadequate pain control can lead to severe complications, including chronic pain syndromes, delayed recovery, and increased morbidity. This session will explore evidence-based multimodal strategies, age-adapted opioid-sparing techniques, and the safe application of regional anaesthesia in both groups, while considering communication barriers, pharmacokinetic variations, and risks of over- or under-treatment.

► Learning Objectives:

- ① Identify age-specific challenges in assessing and managing postoperative pain in paediatric and elderly patients.
- ② Select appropriate multimodal analgesic regimens tailored to these populations, with attention to safety and efficacy.
- ③ Evaluate the role of regional anaesthesia techniques and non-pharmacological strategies for individualized pain care.
- ④ Recognize signs of opioid toxicity and pain undertreatment in vulnerable age groups.

◆ **Max No. participants:** 12

◆ **Price:** US\$ 15

PBLD Moderator: Gauhar Afshan (Karachi, Pakistan)

PBLD

12: Pain Medicine

Saturday, April 18, 2026, 10:30 - 11:30

PBLD 2

PBLD.12.02 - Phantom Limb Pain: Prevention And Treatment

► PBLD Description:

Phantom limb pain (PLP) is a complex neuropathic condition affecting a significant proportion of amputees, often impairing rehabilitation and quality of life. Despite advances in understanding central and peripheral mechanisms, effective management remains a challenge. This session will examine risk factors, preventive strategies (including perioperative nerve blocks), and multimodal treatment approaches combining pharmacological, psychological, and interventional modalities. Emphasis will be placed on early intervention and individualized care pathways.

► **Learning Objectives:**

- ① Explain the pathophysiological mechanisms contributing to phantom limb pain.
- ② Identify perioperative strategies that may reduce the incidence of PLP, including preemptive analgesia and regional techniques.
- ③ Discuss current pharmacological and non-pharmacological treatment options supported by recent evidence.
- ④ Apply a multimodal and interdisciplinary framework to improve functional outcomes and patient quality of life.

♦ **Max No. participants:** 12

♦ **Price:** US\$ 15

PBLD Moderator: Zakaria Belkhadir (Rabat, Morocco)

Workshop

12: Pain Medicine

Saturday, April 18, 2026, 13:25 - 17:25

WS.12.02 - US In Chronic Pain II

► **Workshop Description:**

Introduction to the most common ultrasound-guided blocks in Chronic Pain and Acute Pain:

Introduction to the most commonly used ultrasound-guided blocks for the multimodal treatment of acute pain, also useful in managing chronic pain in: neck, chest, abdomen, and lower limb.

► **Learning Objectives:**

This activity will provide basic tools for both acute and chronic pain management by selecting the most frequently performed blocks. By the end of the workshop, participants will be able to:

Identify the relevant structures for each proposed approach

Understand the techniques for these blocks

Know the considerations to perform them safely and effectively

♦ **Max No. participants:** 20

♦ **Price:** US\$ 200 | **Reduced Fee:** US\$ 95

Workshop Lead: João Batista Garcia (São Luis, Brazil)

WS.12.02.1	Sacral Epidural Block	13:25 - 13:25
	Workshop Instructor: Francisca Elgueta (Santiago, Chile)	
WS.12.02.2	TAP and rectus sheet block	13:25 - 13:25
	Workshop Instructor: Ana Lilia Garduño-Lopez (Mexico, Mexico)	
WS.12.02.3	Cutaneous femoral nerve block	13:25 - 13:25
	Workshop Instructor: Carlos Pino (San Diego, United States)	
WS.12.02.4	Thoracic ESP block	13:25 - 13:25
	Workshop Instructor: Ana Schwartzmann (Montevideo, Uruguay)	